## NANCY KASONGO

## 2016 – 2017 INTERNATIONAL RESEARCH ELECTIVE RECIPIENT

In her letter of appreciation to donors, she wrote the following:



"Prior to the research internship, I had learned a little about how to conduct research. The opportunity to participate in the internship allowed me to learn much more. I worked on a systematic review of renal dialysis and transplants in sub-Saharan Africa"

"During my internship, I valued the importance of mentoring and the problem-based learning style, both of which positively impact students in the School of Medicine. Through that style, I acquired many research skills such as constructing search terms and mining data from databases like PubMed

and Scopus. I also learned to organize data for research, write and read scientific papers, as well as create poster presentations to communicate my research effectively."

"In addition to my research, I was also able to explore my career options by shadowing doctors in neurosurgery, cardiology, nephrology, and ophthalmology."

"Through the evening seminars hosted by the School of Medicine, with other student interns, I learned of different research areas such as linguistics, biology, research ethics, animal science, and medicine. I was



also part of a small group seminar called Professional Development 2 in which we learned how to write personal statements, resumes, and how to identify and portray important characteristics to a future reference letter."

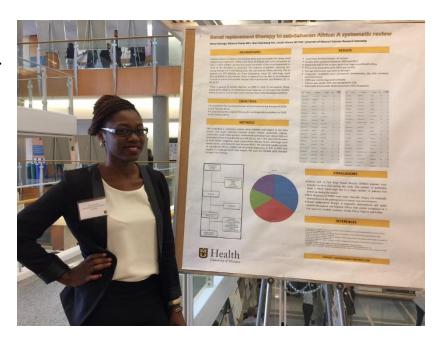
## ACCOMPLISHMENTS POST RESEARCH ELECTIVE

Complete a research proposal with Zambian based mentor: Dr. Justor Banda.

"Determining the incidence of Acute Kidney Injury in the emergency department at Ndola Teaching Hospital"

❖ Awaiting Ethics/Institutional Review Board approval

Worked with CBU School of Medicine counsellor Mr. Malinda to organize focused discussions talks:



- Stress and time management (3<sup>rd</sup> October 2017)- By Dawin Simuchimba 4th year medical student
- Mentorship (3<sup>rd</sup> October 2017) By Nancy Kasongo 5<sup>th</sup> year Medical student
- Sexual health (6th October 2017) BY Andrew Mutambo 6th Year Medical student
- Substance abuse (6th October 2017)- By Kabaso Mwewa 6th Year Medical Student

Created teaching videos and audio on various topics – freely accessible to her classmates about writing systematic reviews, mining data from data bases, managing citations and presenting research effectively.

In addition to videos, she tutors students in person on her experience and some of the above topics.